



Head-to-Tail Check

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Check	Your Pet Is Good To Go	How You Can Help	Your Pet Needs To Go To The Veterinarian
Ears	Pink and Smell Good	Wax debris - clean with ear wash	Foul odor, redness or ear mites which look like coffee grounds
Eyes	Bright & clear, pupils are equally dilated & responsive; no excessive tearing	Excessive Tearing - Flush with saline solution or eye wash	Cloudiness to eyes; one pupil larger than the other; excessive tearing not alleviated by saline solution or eye wash; squinting or pawing at eye.
Nose	Shiny & Moist		Dry & cracked excessively dripping; mucus discharge; sneezing; open wound.
Mouth	Clean white teeth with no bad odor; scissor bite from teeth meeting properly; pink moist gums with CRTs 2 seconds	Brush daily with pet specific toothpaste. Keep pet well hydrated.	Foul odor, tartar build up; redness obvious abscess or loose teeth; uneven bite; brightened, blue, pale or white; dry or tacky gums.
Skin & Coat	Shiny, no lumps, or bumps or flakes; healthy pink; no hair loss.	Bathe, brush regularly & add Omega 3s to your dog's diet.	Lumps, bumps, scabs, open sores; bald spots or extreme hair loss.
Legs & Paws	When walking, gait is smooth & even. No cuts to pads; nails short; cat stands and moves well with no tenderness. Did you know cats have 5 toes on the front paws and 4 on the back? Those with more are referred to as polydactyl.	Clean any pads wounds. Don't let them walk on hot or extremely cold surfaces; trim nails ; exercise.	Open wounds; limping; unsteadiness; difficulty walking; getting up or lying down; dragging a limb.
Chest & Abdomen	Pink skin, no lumps, bumps or tender areas.; you can feel ribs but not see them and chest is lower than the tummy	Keep your pet at a healthy weight.	Any lumps or tenderness; need to lose excessive weight.
Heart	Steady even rythm. 60 - 160 Beats Per Minute for Medium to Large Dogs 90-220 Beats Pet Minute for small dogs and cats	Get regular veterinary check ups and appropriate exercise.	Murmor or uneven heart beats (arythmia); faster or slower rate of BPM than normal.



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Lungs	Clear inhalation and exhalation. 10 - 30 Beats Per Minute for Medium to Large Dogs 20 - 40 Beats Pet Minute for small dogs and cats	Get regular veterinary check ups and appropriate exercise.	Labored or difficult breathing; raspy; muffled, congested; rate higher or lower than normal.
Privates	Clean, No discharge, normal size.	If pet can't reach, clean with soft, warm damp cloth	Red, unusual discharge; swollen
Tail	Shiny coat , no lumps, or bumps		Hair loss, open sores, lumps/bumps
Habits	Good energy level and appetite; doesn't drink water excessively; regular bathroom habits	Feed high quality and age appropriate food; provide fresh, clean water and proper exercise.	Lethargic; loss or increase of appetite / thirst. Change in bathroom habits - more or less frequent "accidents", vomit or diarrhea.