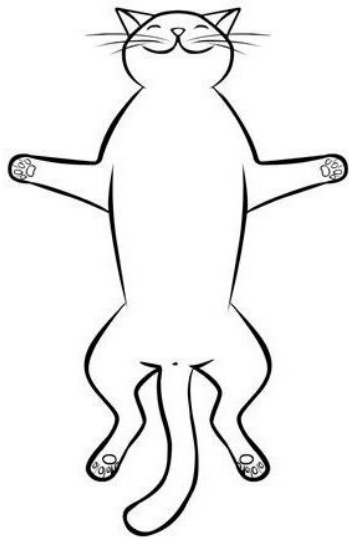


Knowing what is normal for your pet can help you determine what is not!

CAT

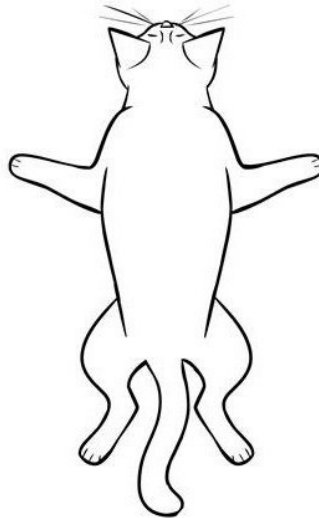
WEEKLY "HEAD-TO-TAIL CHECK-UP" WORKSHEETS FOR CATS

Use this worksheet to note any bumps, lumps, irregularities, scars or surgeries your cat has.
Use a different color pen to note changes you find (size, color, smell, sensitivity etc.) and report them to your Veterinarian.



Belly

- Skin
- Coat / Overall appearance
- Crown / Skull
- Ears
- Eyes / Pupils
- Muzzle
- Snout
- Mouth
- Teeth
- Gums / Check capillary refill time _____
- Neck
- Hydration
- Chest / Ribs
- Abdomen
- Respirations _____
- Spine
- Front Legs
- Hind Legs
- Paws (Pads, toes, claws)
- Pulse _____
- Tail



Back

CAT'S NAME: _____

Date updated: _____

	<u>At Rest</u>	<u>At Play</u>
Pulse	_____	_____
Respiration	_____	_____
Temperature	_____	_____
Capillary Refill Time	_____	_____
Weight	_____	_____

(Normal = 100.4° F – 102.5° F)
(2 seconds or less)

Average Heart Rate for Dogs and Cats

Species	Average Heart Rate
Cats	160 – 200 beats per minute
Small dogs	90 – 160 beats per minute
Medium to Large dogs	65 – 90 beats per minute

Average Respiration Rate for Dogs and Cats

Species	Average Respiration Rate
Cats and small dogs	20 – 40 breaths per minute
Medium to large dogs	10 – 30 breaths per minute

Please note: Very large dogs and/or geriatric animals may have slower respirations. Rule of thumb is the bigger and the older the dog or cat, the slower his pulse and respiration. The smaller and younger the animal, the faster their breathing and pulse.



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